

## FRANCESCA UPFIELD COMMITTEE MEMBER



Francesca Upfield plays an important role at Camberwell Pompey Elliott RSL Club helping to coordinate various social functions and activities. In particular, she takes care of the more senior members who include widows, by ensuring they are included in all activities offered by the Club in a way that works for them.

As a young teenager Francesca became interested in the world around her and understood that life was not the same for everyone. Her first experience in helping the community was at age 17 in 1967, fund raising for what was then known as The Spastic Children's Society.

From there, she went on to fill some important roles within the community. In the early 1980's she was on the Board of The Children's Protection Society — Alys Keys House in Heidelberg. Other roles include:

- Secretary for the Red Cross Templestowe
- Fundraising and volunteering at the Cerebral Palsy Education Centre.
- Board Member of Interchange Inner East
- Volunteer Bus Driver at Interchange Inner East
- Volunteer MuisCool, Music programme Current (Children and young adults with disabilities)
- Volunteer Music in Me Music programme (Children and young adults' disabilities)

Born in Italy, Francesca migrated to Australia as a young child. She married William Arthur Upfield who served as a member of the Royal Australian Navy from 1966 to 1969. William trained at HMAS Cerberus and served on HMAS Anzac and HMAS Paramatta. He completed further training on HMAS Penguin and HMAS Watson and was Rank Able Seaman Radar Plotter. He is a service member of Camberwell Pompey Elliott RSL Club Sub-Branch. They have two children and 5 grandchildren.